Mid Jan 2021 - Mid Feb 2021

2/5/21

We continue to prioritize the health and safety of our members and guests at JVCC. We ask that if people are feeling ill, or have been around anyone else who is ill, that they please stay home to help protect themselves and other JVCC members. We ask participants while in the building that they please wear a mask and physically distance 6 feet (per CDC guidelines). In efforts to keep members safe we continue to schedule small group programming. Activities are being done in groups of 20 or less in side rooms or 30 or less in the main room.

Daily ACTIVITIES/Monthly SPECIAL EVENTS:

Line Dancing – Mondays @ 12:50-1:20 Beginner Class NEW! Monday @1:30-2:30 Intermediate Class

Our line dancing class has been very popular. We have added an additional class, *Intro to Line Dancing*. This class is designed for Beginner dancers and will teach the basic line dancing steps and gradually catch participants up on classes that have missed. (15+ people in attendance) We have seen several participants become JVCC members due to attending these classes.

Cards – We are seeing more and more card players return. Card games offered on Wed, Thurs and Fri @ 1pm. Card player are practicing covid safety and wear masks.

Pool - Pool players are playing daily on a consistent basis (8+ players). Players are practicing covid safety and wear masks. Cues and tables are sanitized daily after use.

Shuffle Board - added shuffle board to schedule 2x monthly. (4 people on average participating)





Lunchtime Tunes and Special Guests - Tues Feb 2 was not only Ground Hog Day, but it was National Ukulele Day! — Mitchell Christian High School Students joined us and played lunchtime tunes for us and we also got to try play with them.

Wednesday Wellness – February is National Heart Month **Wednesday Feb 10 @ 10:30am**. Presentation by Shelly Simantel Horr, Hospice Liaison/LSW with AseraCare. She will be providing information on hospice and the heart failure program, *Cardiac Connections*.

-March is National Nutrition Month **Wednesday March 10th @ 10:30am**. WebEx Presentation by Avera Nutrition Services "Eat For Your Health", led by Karen Klinkner MS RDN LN | Director, Nutrition Services Avera Queen of Peace Hospital & Avera Brady Health and Rehab.

Fine Arts Feature Wed Feb 17 Painting Craft Activity

Wed March 31 Abbott House Student Artists Display & Presentation *tentative

Technology Assistance Wed Feb 24: JVCC Activities Coordinator - Maria Payne and local college student Trevor Powell will assist participants with cell phone/I-pads/computer questions. Sign up for 30 min time slots available.

JVCC Tablets are ready for the members to check out while they are at JVCC.

FUNDRAISERS:

- Quilt Raffle Drawing was Thursday January 14. Congratulations to Earl and Rowena Nebelsick our Annual Quilt Raffle Winners! Earl and Rowena reside at Countryside Living and their facility has been in lockdown for several months due to Covid. They were thrilled to receive our telephone call, declaring them the winners. The day of the drawing was also their 65th wedding anniversary. What a wonderful anniversary gift! We captured their excitement on Facebook live. A huge thanks to the JVCC Quilters for providing the quilt, MANA (Mitchell Area Networking Association) for sponsoring our raffle and to all that supported the ticket sales. The total funds raised were \$1564.
- Presently making plans with the 40 & 8 (Legion) to cohost annual Bingo fundraiser Sunday March 28. We host and share the proceeds of the Bingo. The 40 & 8 fundraise for DWU nursing students and our portion of proceeds go towards JVCC programming.

COMMUNITY OUTREACH AND PARTNERSHIPS and Future Events:

*Changes to JVCC Exercise Program - Our exercise continues to be well attended (on average 10-15 people). We have partnered with Mitchell Parks and Rec and with the help of their DWU intern, they are helping us with our exercise at JVCC. They are developing a new work out video to add to our Mon-Wed-Fri and then on Tues & Thurs they will be at JVCC working with our participants. • Low Impact Video Directed (stretching/cardio)

- Strength, balance, hand-eye coordination, muscle memory (noodle balloon ball, Thera-bands, introduce-shuffle board, ping pong, etc.) led in-person by DWU intern.
- **BINGO IS BACK!!** 1st & 3rd **Tuesdays** @ **1pm**. Pre-packaged Fresh popcorn will provided. No Outside Food to share, allowed. You may bring your own drinks. We ask participants while in the building that they please wear a mask and physically distance 6 feet (per CDC guidelines)
- "Welcome Back" JVCC Dance on Thursday March 25 @ 1:30-3:30. Members: FREE / Guests \$3. (Note: new time and admission fee). We will play our favorite dance music through our new sound system and not hire a live band at this time. Sponsored by Aseracare. AseraCare will provide door prize and prepackaged, covid safe snacks and bottled water. JVCC will provide freshly made/pre-packaged popcorn. Reasons for time change/fee change: Safety of participants; not having to drive home in the dark, especially with winter weather conditions. Once we see the number of participants, then we may consider a live band for future dances. (We do not want to lose money on this activity). This may also encourage guests to consider becoming JVCC members.
- Currently making plans with the 40 & 8 (Legion) to cohost Bingo fundraiser March 28. We have co-hosted this event in the past and it has been a successful fundraiser. We share the proceeds of the Bingo. The 40 & 8 fundraise for DWU nursing students and our portion of proceeds go towards JVCC programming.
- Planning to have a Mitchell Area / Local Bus Spring Bus Trip likely in May. Utilizing Palace Transit and supporting our local attractions. Possible afternoon escape to Prehistoric Indian Village and Corn Palace w/ ice cream in the Corn Palace Plaza. Maybe would coordinate it on a Mitchell Farmers Market day on the Plaza, so participants could also enjoy the market.
- Starting to plan a "Christmas in July" celebration, which may include, live-music, dance, refreshments, door-prizes and sponsors.

MEMBERSHIP:

Here is the status of JVCC Membership to-date.

237 Total Number of Members to date for 2021

Break Down

- 152 Renewed Members
- New Members to date for 2021. We will have a New Member Meet & Greet on Wed March 3.

 All members/guests Welcome! Come meet some new friends and learn all things JVCC! Sign up at JVCC Office.
- 67 Life Time Members
- 2 Rental Discount Members bi-Monthly rental to Miracle Ear

-weekly (weekend) rental for a Church group.

Total Number of Members in 2020 was 298. We are currently at a 20.5% decrease.

I have sent "I Miss You" postcards and have seen some renewals due to the cards. I will be making a personal telephone call to members yet to renew in the next 2 weeks. I am confident that our membership will start going up. We are seeing more people coming back to JVCC and our New Member numbers in the past 1 & ½ months are been very good. I look forward to the time we will be able to start having our larger, seasonal gatherings and host our community outreach events again.