

SPRING SOCCER SCHEDULES - 2010
MITCHELL PARKS & RECREATION DEPARTMENT 995-8450

TEAMS AND PRACTICE SCHEDULES: Listed on the back of this page, with coach's phone numbers.

UNIFORMS AND EQUIPMENT:

- Boys and girls will each get a team jersey, which should be washed in cold water weekly. Turn jersey back in to coach on the final night of games.
- Wear loose-fitting shorts or pants, tennis shoes or soccer shoes, shin-guards, and socks that cover the top of the shin-guards.
- Dress warmly if weather is chilly!
- Players may not wear hats on the field. No necklaces or bracelets. K-4th may tape post earrings, 5th-6th must remove.

BALLS — We use size 4 for 3rd-6th grades, size 3 for K-2nd grades. Players are encouraged to bring a ball to practice if they have one – be sure your name is on it. The department is not responsible for lost balls.

WATER — bring a plastic container of water to practices and games. Water is the best source of hydration for young athletes.

PROGRAM GUIDELINES:

1. All players play at least half the game, usually more. K games are 6 minute quarters, 1st-2nd grade play 8 minute quarters, 3rd-4th and 5th & 6th play 20 minute halves.
2. K plays 4 v 4 with no goalie and one coach on the field – each team will split and play on two fields each night, playing 4 v 4. All other leagues play 8v8 or 9v9 with coaches on the sideline, none on the field. 1st-2nd grade coaches may set players up then leave the field.
3. Spectators must be on the **SIDELINES OPPOSITE THE TEAMS**, no one is allowed to stand or sit near the goals or on the goal line during games. Bring a chair or blanket. Cow-bells and noisemakers are not allowed.
4. All players must arrive at their field 10 minutes before game time to check in with the coach and stretch out.
5. Teams will be given a 2 minute warm-up time on the field prior to game starting - we will not wait for players.
6. Good sportsmanship is a standard expectation of coaches, players, and spectators.
7. **WEATHER:** Listen to KORN or KMIT for cancellations due to lightning, thunder, threatening weather, heavy rain (we play in light rain), or unsafe field conditions. If a practice is rained out, it is up to the coach to reschedule if they wish to. If your schedule has a rain make-up night we will use it, otherwise games will not be made up.
8. **CONCESSIONS** are located on the East end of the complex.
9. **PARKING:** Lots are NOT LINED, so please park in a courteous manner – it's up to the adults to keep the parking lot organized!!
10. **NEW COMPLEX RULES:** see the back of the map provided. No smoking or pets at the complex, and please keep your field clean.
11. **ALWAYS SUPPORT YOUR VOLUNTEER COACHES – have kids there on time, thank the coaches, and do not complain to them – they deserve your utmost consideration!! Let them know we appreciate them!!**

Boys & Girls
5th & 6th Grade

Practices are Thursday April 22, Tuesday April 27, Thursday April 29.

All practices and games are at the NEW Pepsi Cola Soccer Complex

All parents are asked to be at the PARENTS MEETING 6:45 first practice night.

Picture Night is Thursday, April 29th at your practice.

<u>Tues</u> <u>May 4</u>	<u>Thurs</u> <u>May 6</u>	<u>Tues</u> <u>May 11</u>	<u>Thurs</u> <u>May 13</u>
6:15 field P 1 vs 4	6:15 field P 5 vs 3	6:15 field P 4 vs 2	6:00 boys practice
6:15 field R 2 vs 3	6:15 field R 1 vs 2	6:15 field R 5 vs 1	6:45 girls practice
6:15 field N small sided team 5	6:15 field N small sided team 4	6:15 field N small sided team 3	
<u>Sunday</u> <u>May 16</u>	<u>Tues</u> <u>May 18</u>	<u>Thurs</u> <u>May 20</u>	<u>Tues</u> <u>May 25</u>
East River League	6:15 field P 3 vs 1	6:00 girls practice	6:15 field P 2 vs 5
Mitchell Soccer Assoc.	6:15 field R 4 vs 5	6:45 boys practice	6:15 field R 3 vs 4
Invitational	6:15 field N small sided team 2		6:15 field N small sided team 1
schedules TBA			

Teams may sign up to play in the Mitchell Soccer Association Tournament Saturday & Sunday May 22 & 23.
Your coach will get a registration form.