Track

Track & Field

May 31 - June 30
Ages 9 - 14
Location: Joe Quintal Stadium
Tues, Wed, and Thurs 8:30am - 9:30am
Fee: $23
Activity # 1108.101
Find out that it's actually FUN to get up early and get a great start on the day! This 5 week program includes instruction in sprints, distance events, softball throw and relay teams, along with an intro to hurdles. All fitness levels are encouraged to get into track - the physical and emotional benefits of accomplishing individual goals is a vital part of this program!

Local Hershey Track & Field Meet

Monday, May 23
Ages: 9 through 14
Location: Joe Quintal Field
Fee: Free Activity # 1109.101
This local track meet gives boys and girls a chance to show their stuff! Top three places from each age group in each event can advance to the State Meet which will be held in Pierre June 25th. Must be signed up by Friday, May 20th. Forms available at the Rec Center.

FREE Lawn Bowling Clinic

June 11th & June 18th

1st – 6th grade 9:00 a.m. – 10:00 a.m. Activity # 1110.101
7th – 12th grade 10:00 a.m. – 11:00 a.m. Activity # 1111.101

Held at Lakeview Golf Course

Put a new twist on an old fashioned game! Spend some time on a couple of Saturday mornings learning the basics of lawn bowling. Kids get outside to enjoy the fresh air, get exercise, increase concentration and focus, and have fun!

Summer Band!

It's music to our ears!

June 7th - 30th
Tues. & Thurs. 3:30-4:45
Activity # 5140.102

For boys and girls who have completed **5th through 8th grades**

At the (air-conditioned!) Middle School Band Room

A summer youth band will enjoy the leadership of Brian LeMaster (teacher at Parkston Schools) and Ryan Stahle (Band Director of Mitchell Senior High) while putting together a summer concert in the park! We need at least 25 band members, and can take up to 40!

Fee: $35

Red Cross Babysitting Course

Held at the Red Cross Office
Thursday, August 4th
1:00pm - 4:00pm
and **Friday, August 5th**
9am - Noon Attend both days.
Activity #6108.104
For girls and boys ages 11 - 14
Get certified!! Participants will learn skills in safety, health, activities, maintaining a positive and well-structured environment while babysitting. All attendees will receive a Red Cross Babysitting Manual.
Fee: $25.00

Minnesota Twins Baseball Clinic

Saturday, July 16th
at Cadwell Park Field of Dreams.

Boys & Girls ages 6 - 9
9:00 a.m. – 10:30 a.m.
Boys & Girls ages 10 - 16
10:30 a.m. – noon.

Clinic is FREE of charge – bring a glove

Session dates for swim lessons, tennis, fit kids, dakota kids & fab fours are all the same – pick a new program each session, or take a couple sessions of your favorite activity!!